



Alison Marshall

Alison and her family created a UCP to ensure that when Alison has a health or care appointment that professionals know how to best communicate and engage with her.

Date of Birth: 01/10/1991
NHS Number: 4185618581

Mobile: 07939 788745
Preferred name: Ali

Personal info

Language: English
Ethnicity: Mixed white & Asian
Gender: Female
Preferred pronouns: She/her/hers
Religion: Muslim
Address: 37 Church Street, London SE25 4NP

Medical

- Ali has Down Syndrome
- Ali knows she has type 1 diabetes - however does not have capacity to understand and manage her own treatment in terms of administering insulin but understands about low and high blood sugars and the need to test.
- Ali can be prone to falls due to dyspraxia which can affect her coordination and movement – she has had 2 falls in the last year which resulted in being reviewed in hospital.
- When Ali is not feeling very well she may become withdrawn and refuse physical care and support.

Living and care arrangements

Type of accommodation: Supported Living, Ali has her own room.
Lives with: 3 other residents and a carer. Carer is available 24 hours for 3 residents. There is sleep in arrangements (not waking 24-hour support).
Care arrangements: there is a 24-hour carer who supports the residents. Ali goes to visit and stay with her family at the weekends.

Communication and behavior

- Ali communicates verbally and to support this has a communication passport that she carries with her most of the time (on her iPad).
- Ali finds that visiting and familiarisation with care setting and procedures helpful as well as distraction.
- An extended appointment in a low noise environment means that Ali does not feel rushed or anxious.
- Having her family or a carer with her at appointments can also help.
- All blood tests or other observations, if possible, at home or in a low noise environment.

About me

- Ali very much enjoys being with people she likes and enjoys the company of. Ali really enjoys one-on-one time with her friends
- Ali enjoys attending her day centre 3 times a week where she enjoys music, dancing and gardening. Madonna is her favourite singer.
- Ali's religion and faith as a Muslim is very important to her and she particularly enjoys celebrating Muslim festivals and special occasions with her family. Ali has a Halal diet and its particularly important that those around Ali support her with maintaining a Halal diet.

Professional contact

ODS code: QRV
Organisation: Southeast London Health & Care Partnership
Name: Dr Smith
Role: GP