



Leslie Donald

Leslie created a UCP to let people who do not know her know what is important to her. She finds new situations and places stressful and sharing information about what help at these times can help relieve this stress.

Date of Birth: 01/01/1988
NHS Number: 871 813 0054
Mobile: 07939 789245

Preferred name: Lee only by people I know, otherwise its Leslie

Personal info

Language: English or BSL
Ethnicity: White and Black African
Gender: Female
Preferred pronouns: She/her/hers
Address: 23 Church Street, London SE25 4NP

Medical

- I have recently had a diagnosis of Asthma which was in September 2023 and I am learning to manage Asthma through inhalers (Albuterol).
- I consider myself to be recovering from an eating disorder which when a child and young person required hospitalisation and support once discharged.
- When I get stressed or in unpredicted situations, I become very quiet, and I need more time to understand things.

Living and care arrangements

Type of accommodation: Council flat, I share a room with my sister.
Lives with: Mum who is deaf and uses sign language to communicate. I have two sisters who I am very close with.

Professional contact

ODS code: QRV
Organisation: Southeast London Health & Care Partnership
Name: Dr Walker
Role: GP

Communication and behavior

- I sometimes use Proloquo2Go on my phone or iPad when I am really stressed to help me communicate.
- I can find environments I don't know distressing. Particularly if busy with bright lights or strong smells which are painful.
- I find it helpful if I have photos of new environments so I know what to expect,.
- If I can be seen as soon as possible with an appointment this can stop me feeling stressed and I need time to think about what is being said and asked of me.

About me

- I am working as an Insurance Loss Adjuster and I love all black and white films especially silent ones. I collect film / musical scores for silent films.
- I also like collecting elephants (not real ones) but ornaments, statues, garden, soaps, candles.
- I am very excited about going to my sister's wedding next year in Ireland, I am going to be here bridesmaid.
- I would really like to visit Zimbabwe and family there one day.